



***Do you want to stay fit, healthy, and happy?***



***Do you want to live in  
your own home and be  
safe?***

***Do you want proper medical  
care at an affordable price?***



If you answered, “YES,” then St. Barnabas Senior Services wants you!  
Join **US IN THIS NEW “JOURNEY”** and unite the voices of elders in our  
community so that they are able to live with health and dignity.

Your participation will keep you active, be lots of fun, and improve your life!

**Call today: Al Chin at St. Barnabas Senior Services  
213-388-4444, x236**